

# Hand Hollow Farm

.Community Supported Agriculture.

## THE FARM

Hand Hollow Farm, run by Ellen Poggi and Lauren Bonn, is now entering its fifth growing season. It is located on beautiful terrain of fields and woods in New Lebanon, NY. While the farm is not certified organic, all crops are grown organically, without the use of synthetic fertilizers and chemical sprays and with the goal of sustainability in mind. The farm grows over 40 kinds of vegetables as well as culinary herbs and flowers for a vibrant 75 member CSA.

## YOUR SHARE

Members of Hand Hollow Farm CSA pick up their share at the farm once a week. Distribution is held on Wednesdays from 4-7 and on Saturdays from 9-Noon. The CSA season lasts for 20 weeks, from mid-June through the end of October. At distribution, members fill up their share bag with their own choices from that day's harvest. Shares are available in full or small size. A full share is designed for a family of four or two adult vegetarians. A small share is great for individuals, part-time residents, and less vegetable oriented eaters. In addition, all members may pick herbs and flowers. Only members who purchase u-pick access can harvest u-pick crops which include snap peas, green beans, cherry tomatoes, husk cherries, tomatillos, edamame, and more.

# 2012 CSA SHARE SIGN UP

## **Sign up now for a Share in Hand Hollow Farm CSA!**

To sign up for 20 weeks of fresh, organic produce, from Mid June through the end of October, please send in this completed form along with a deposit of \$100 to reserve your share. Mail to:

**Hand Hollow Farm**  
402 County Route 34  
East Chatham, NY 12060

For more information visit:

**[handhollowfarm.wordpress.com](http://handhollowfarm.wordpress.com)**

For questions email Ellen at:

**[handhollowfarm@gmail.com](mailto:handhollowfarm@gmail.com)**

Name(s): \_\_\_\_\_

Phone Number: \_\_\_\_\_

Email:

\_\_\_ Full Share - \$425

\_\_\_ Small Share - \$225

\_\_\_ U-Pick Access- \$50

Subtotal \_\_\_\_\_

\_\_\_ I would like to make a donation to help fund shares for local low income families. Donation Total \_\_\_\_\_

Total Cost \_\_\_\_\_

\_\_\_ \$100 deposit to reserve my share

\_\_\_ Full Payment Included

**Pick up day-** please choose a pick up time

\_\_\_ Wednesdays, 4pm-7pm

\_\_\_ Saturdays, 9-Noon